

Exploring the Therapeutic Potential of Horticulture for Survivors of IPV

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The Study

Mixed-Methods Evaluation

Quasi-Experimental Design

Pre-Test

Post-Test

Post-Shelter

TH Intervention & Control Group



Does participation in a TH program benefit survivors' sense of self?



"Being in charge of whatever farm job I had to do let me know that I can really be in charge of my life."

"If I felt down, I remembered the sunflowers and plants, no matter how bad the weather is – or in life how bad a situation is – you can stand there, be strong, and still grow."

Scan QR code for more info on project background!

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Surveys



Interviews

