Awards Program

Welcome

• Annual Awards for 2020
  – Ann Lane Mavromatis Scholarship
  – John Walker Community Service
  – Therapeutic Garden Design
  – Charles A. Lewis Excellence in Research
  – Honorary AHTA Member

Closing Remarks
AHTA ANNUAL AWARDS

Recognizing excellence in horticultural therapy

To further its mission to promote and advance the practice of horticultural therapy as a therapeutic intervention and rehabilitative modality, AHTA sponsors an annual awards program to recognize the contributions of individuals and organizations whose personal initiative and achievement define outstanding performance in the field.
AHTA awards and honors excellence in seven areas

Charles A Lewis Excellence in Research Award - Research

Alice Burlingame Humanitarian Service award - Humanitarian service

AHTA Publication Award - Publication of a book, paper, or research

John Walker Community Service Award - Community service

Rhea McCandliss Professional Service Award - Professional service

AHTA Therapeutic Garden Design Award - Therapeutic garden design

Ann Lane Mavromatis Scholarship - Academic achievement
Who was Ann Lane Mavromatis?

“Above all this love of horticultural therapy has been a special relationship between me, the patients and the plants!...It has been great knowing all the H.T.’s I have met and it would be a pleasure to meet all of you I haven’t. Bless your full hearts, you are special people” – Ann

Ann was the first major donor, through a bequest, to what was then called the NCTRH Fund.

Ann organized the HT Program at the Rusk Institute in the early 1960’s.

In 1978, she developed the horticultural therapy training program at the New York Botanical Gardens, Bronx, NY, and lectured there for more than five years.

She served on the AHTA Board of Directors from 1979 - 1983.

Ann Lane Mavromatis Scholarship

- Recognizes a student with a declared major in the field of Horticultural Therapy or related field with coursework supporting the field of Horticultural Therapy.

- Promotes the growth of professionalism in the field of horticultural therapy.

- Supports a student who advocates for the profession at their school or with a local, state, or national Horticultural Therapy organization.

- Provides financial support to student members of AHTA for academic achievement.

- The Ann Lane Mavromatis Scholarship was established in 1987 in honor and recognition of Ann designating AHTA as a beneficiary in her will.
Mavromatis Scholarship

Shanna Borthick-Compton
Missouri State University

“I am pursuing a career in horticultural therapy because I believe the impact of gardening and contact with nature is a powerful tool to combat physical and mental illness.”

Shanna is majoring in Psychology with a minor in Plant Science, specializing in behavioral modification techniques and currently accepted/recommended horticultural therapy techniques to improve the lives of those with behavioral and/or substance use disorders.

She is the VP of the Horticulture club at Missouri State, member of the Psychology club and is working hard to bring awareness to campus and the surrounding area about the benefits of Horticultural Therapy.

Shanna has a passion for community gardening and plans on assisting the psychology department on future research studies involving horticultural therapy/therapeutic horticulture.
Who Was John H. Walker?

John Walker was a long-time Executive Vice President of the Society of American Florists (SAF).

He served as Secretary of NCTRH from 1976 to 1979.

He also served on the long-range strategic planning committee for NCTRH.

In 1976, NCTRH (now AHTA) signed on its first organizational member, The Society of American Florists (SAF).

John Walker Community Service Award

- Recognizes programs for their significant contribution in horticultural therapy services provided to a community.

- Applauds programs for their leadership in the field, innovative service delivery, and effective public relations.

- Highlights programs that are involved with, and provide benefit to, the community.

- Commends programs that have an established evaluation process for measuring client progress and program success.

- Originally the Community Service Award, the Award was officially named the John Walker Community Service Award in 1984 in his honor.
Horticultural therapy was instructed to differently abled students in more than twenty government schools in Kerala state in India.

A model community Horticultural therapy garden was set up in the Department of Community Science in the College of Agriculture, Vellayani. The main objective was to make it as an incubation center for children willing to undergo vocational training along with horticultural therapy program.

She continues to be a pillar in her community with doing research, writing articles and putting herself out there with continued TV segments about the school gardens.
Therapeutic Garden Design Award

✓ Identifies existing gardens and landscapes designed and maintained for therapeutic purposes.

✓ Publicizes excellence in therapeutic design and horticultural therapy programming intended to encourage the participation of special populations.

✓ Recognizes gardens or landscapes that provide opportunities to experience comfort, sensory stimulation, and independence.

✓ Supports universal design for all people, regardless of age and ability.

✓ The first AHTA Therapeutic Garden Design Award was presented in 1997. The document AHTA Therapeutic Garden Characteristics provides the basis for this award.

Therapeutic Garden Characteristics

✓ Scheduled and programmed activities
✓ Features modified to improve accessibility
✓ Well defined perimeters
✓ A profusion of plants and people/plant interactions
✓ Benign and supportive conditions
✓ Universal design
✓ Recognizable placemaking
2020 AHTA Therapeutic Garden Design Award

Rogers Behavioral Health

Adolescent Center Therapeutic Garden

Oconomowoc, WI

Formerly: Rogers Memorial Hospital
• The garden design is usable by all different levels of ability with paths and furnishings designed for many user groups.
• The design is intuitive and wayfinding simple. Access to the garden is controlled but flexible to allow for patient confidentiality or visitor access.
• Specifically designed for adolescent behavioral therapies, the garden is in demand for many other users and group gatherings.
The garden encourage exploration of this space of family members, provided they are accompanied by staff.

The gardens grows a mix of perennials and annuals to engage sight, sound, smell, and even taste. Often the surplus grown is used by our culinary staff and people are able to access herb-infused ice water in the summer heat.

There are areas of shade and relaxation with benches, swinging arbors, and a gazebo.
Charles A. Lewis

Charles A. Lewis Excellence in Research Award

Established to honor Charles A. Lewis, a pioneer in the field of people-plant interaction.

Recognizes research scientists who have published horticultural therapy research in a horticultural or medical journal.

- Encourages evidence-based research that demonstrates the effectiveness of horticultural therapy.
- Increases the awareness of research-based findings supporting the health benefits offered through horticulture.

First Charles A. Lewis Excellence in Research Award was presented at the 2007 Conference.

Charles A. Lewis began his HT career in the early 1960’s, when he served as a garden contest judge for New York City housing developments.

Charles was a member of the NCTRH (now AHTA) Board of Directors during 1973-1975.


Through his zeal and commitment throughout his career to better understand the relationship of people and plants, Charles became known as the "Father of Horticultural Therapy".

First Charles A. Lewis Excellence in Research Award was presented at the 2007 Conference.
Charles A. Lewis Excellence in Research Award

2020 Award Winners

Qiuyun Huang, MLA; Minyan Yang, BA; Hao-ann Jane, MS; Shuhua Li, PhD; Nicole Bauer, PhD

*Journal of Landscape and Urban Planning*

2019

Trees, grass, or concrete? The effects of different types of environments on stress reduction
2020 Honorary AHTA Member

Clare Cooper Marcus

Clare Cooper Marcus is Professor Emerita in the Departments of Architecture and Landscape Architecture at the University of California, Berkeley. Her books include: *Housing as if People Mattered; People Places; House as a Mirror of Self; Healing Gardens* (with Marni Barnes), and *Therapeutic Landscapes* (with Naomi Sachs). The recipient of many awards, she speaks internationally on therapeutic landscapes in healthcare.
Thank you for attending....

Your AHTA Board of Directors