



# AHTA 2022 Annual Conference

## **Renaissance in Bloom**

Reimagining and Revitalizing Horticultural Therapy

Kansas City, Missouri

September 9–10, 2022



American Horticultural  
Therapy Association.

# Welcome

On behalf of the AHTA Board of Directors, I want to welcome you to the AHTA Annual Conference. It is truly exciting to be here with you all in-person!

Much has changed in the world since our last time together. However, I am excited to attend this year's conference, network, and learn from each of you. The last three years have presented many challenges for the world and profession.

There has also been a renewal of interest in horticulture and use of horticulture as therapy throughout the world. This year's theme, Renaissance in Bloom: Reimagining and Revitalizing Horticultural Therapy, highlights the opportunity our profession has had over the past few years to provide solutions to some of the most important health and wellbeing challenges faced today.

This year's conference could not have been made possible without support from our Conference Work Team. I want to thank Laura Rumpf for her leadership as the Conference Work Team Leader. I want to give a special thanks to our on-site conference work team members, Megan Sperry, Sandy Nielson and Sara Phipps, for their help connecting us to local resources and sites for our pre-conference tours, as well as their role in overall conference planning.

I also want to thank our Conference Work Team for the time and dedication put into making our first in-person conference since 2019 a huge success. Thank you, Colleen Griffin, Leigh Anne Starling, Mary Anne McMillan, Matthew Jansen, Jean D'Amore, and Sara Rodriguez.

Our pre-tours along with our excellent line up of presentations, key-note presentation, plenary session, and networking events have been designed to provide conference attendees knowledge and ideas to take home and use to further enhance your practice of horticulture therapy. It is my hope that we can take what we learn at this year's conference and use as inspiration for us to reimagine and revitalize the profession in the months and years to come.

Sincerely,  
Derrick Stowell, Ph.D., HTR, CTRS  
AHTA President





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### Accessible HT Education

- Core horticultural therapy courses are offered in online and hybrid formats
- Horticultural Therapy Certificate and Minor program options



### AHTA Accredited

- All certificate program courses meet AHTA education requirements for professional registration
- Minor program partially meets requirements for professional registration



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- Variety of supervised paid and unpaid internship site placements throughout NJ and continental US

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Horticulture Editor

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## **COVID-19 Safety Guidelines**

We encourage individuals to make the best decision to support their personal well-being and to respect the comfort level of those around you. We know that the COVID-19 situation is still a concern for many, so we will have N95 masks available and encourage attendees to wear them.

# Schedule at a Glance

Time	Event
<b>Wednesday   September 7</b>	
8:30 a.m. - 4:30 p.m.	<b>AHTA Board Meeting - Union Hill</b>
<b>Thursday   September 8</b>	
7:00 a.m. - 12:00 p.m. 3:00 p.m. - 7:00 p.m.	<b>Registration Hours - Main Street Grill Foyer</b>
8:00 a.m. - 4:00 p.m.	<b>Pre-Conference Off-Site Tours</b>
5:30 p.m. - 6:30 p.m.	<b>Birds of a Feather Reception - Hotel Lobby Bar</b>
<b>Friday   September 9</b>	
7:30 a.m. - 6:00 p.m.	<b>Exhibitors - Grand Ballroom Foyer</b>
7:30 a.m. - 6:00 p.m.	<b>Registration Hours - Main Street Grill Foyer</b>
7:45 a.m. - 5:00 p.m. *	<b>Silent Auction - Grand Ballroom E-G</b>
8:30 a.m. - 10:00 a.m.	<b>Opening Session and Keynote - Grand Ballroom A-D</b>
10:00 a.m. - 10:15 a.m.	<b>Break</b>
10:15 a.m. - 11:15 a.m.	<b>Breakout Sessions</b>
11:15 a.m. - 11:30 a.m.	<b>Break</b>
11:30 a.m. - 12:15 p.m.	<b>Annual Membership Meeting - Grand Ballroom</b>
12:15 p.m. - 1:15 p.m.	<b>Lunch - Grand Ballroom A-D</b>
1:15 p.m. - 1:30 p.m.	<b>Break</b>
1:30 p.m. - 2:30 p.m.	<b>Breakout Sessions</b>
2:30 p.m. - 2:45 p.m.	<b>Break</b>

\*See detailed schedule on page 11

## **Friday | September 9**

2:45 p.m. – 4:15 p.m.      **Workshops**

5:00 p.m. – 5:30 p.m.      **Poster Presentations**

5:30 p.m. – 6:30 p.m.      **Social Reception - Plaza Terrace**

7:00 p.m. – 9:00 p.m.      **Awards Dinner - Grand Ballroom A-D**

## **Saturday | September 10**

7:00 a.m. – 3:00 p.m.      **Registration Hours - Main Street Grill Foyer**

7:30 a.m. – 1:30 a.m.\*      **Silent Auction - Grand Ballroom E-G**

7:30 a.m. – 3:00 p.m.      **Exhibitors - Grand Ballroom Foyer**

8:30 a.m. – 9:45 a.m.      **Plenary Speaker - Grand Ballroom A-D**

9:45 a.m. – 10:00 a.m..      **Break**

10:00 a.m.– 11:00 a.m.      **Breakout Sessions**

11:00 p.m. – 11:15 a.m.      **Break**

11:15 a.m.– 12:15 p.m.      **General Session: Charles Lewis Award Presentation  
- Grand Ballroom A-D**

12:15 p.m. – 1:15 p.m.      **Lunch**

1:15 p.m. – 1:30 p.m.      **Break**

1:30 p.m.– 2:30 p.m.      **Breakout Sessions**

2:30 p.m. – 2:45 p.m.      **Break**

2:45 p.m. – 3:45 p.m.      **Breakout Sessions**

3:45 p.m – 4:30 p.m.      **Conference Closing Remarks - Grand Ballroom A-D**

\*See detailed schedule on page 11



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# Event and Session Details

## Thursday, September 8

**8:00 a.m. – 4:00 p.m.**

### **Pre-Conference Tours**

Stop 1: Cornerstones of Care, Ozanam

Stop 2: KC Farm School at Gibbs Road (Farm fresh lunch provided)

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**9:00 a.m. – 3:00 p.m.**

### **Internship Supervisor Workshop - Union Hill**

Registration is open to Professionally Registered Horticultural Therapists who have been registered for a minimum of 1-year and are interested in supervising horticultural therapy interns. This 6-hour course will be facilitated by Leigh Anne Starling, LCPC, CRC, HTR, and Gary Altman, CRC, CVE, HTR

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**5:30 p.m. – 6:30 p.m.**

### **Birds of a Feather Reception - Hotel Lobby Bar**

Networking is a valuable part of any profession. Join us for a brief meet and greet with the AHTA board of directors. Following the board meet and greet, attendees will have an opportunity network and meet fellow attendees who have similar interests in horticultural therapy.

## Friday, September 9

**8:30 a.m. – 10:00 a.m.**

### **Opening Remarks and Key Note**

#### **Grand Ballroom A-D**

**Keynote Speaker: Abra Lee, "The Influencers"**

Black Americans have long created their own cultural blueprint for how gardens and nature can be used as a means of remembrance, inspiration, and creativity. In this conversation, we will journey back in time to discuss historic legacies and give insight into some extraordinary people and the plants they used to bring joy into their lives.



# Friday, September 9

**10:15 a.m. – 11:15 p.m.**

## **Breakout Sessions**

*From Concept to Completion: The Journey of a Research Study in Therapeutic Horticulture* | Leah Diehl and Siang Yu Tham | Rockhill

*Healing Community with Gardening in Chicago* | Brendan Yukins | Roanoke

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**1:30 p.m. – 2:30 p.m.**

## **Breakout Sessions**

*Morgan's Garden: Weaving in Neural Diversity with Design*  
Virginia Burt and Emily Thorpe | Rockhill

*Horticultural Therapy and Nutrition: The Connection*  
Carrie Sacco | Judi Sacco | Roanoke

*Healthy Bones Matter in the Garden* | Melissa Bierman and Jill Hansen | Union Hill

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**2:45 p.m. – 4:15 p.m.**

## **Workshops**

*"I just want to be in the garden!"* | Hilda Krus and Nick Guntli | Rockhill

*Building a Professional Portfolio to Build Your Career* | Diane Relf | Roanoke

*Nature vs Nurture: The Intersection of Horticultural Therapy and Nature Therapy* | Leigh Anne Starling | Union Hill

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**5:00 p.m. – 5:30 p.m.**

## **Poster Presentations - Plaza Terrace**

*Promoting Horticultural Therapy to Cope with Chronic Pain* | Rachael Incorvaia

*Horticultural Therapy for Chronic Pain* | Amanda Feneis

*A Diabetes, Social, Ecological and Economic Solution by Nutrition Garden RX* | Deidre Scheutz

# Saturday, September 10

**8:30 a.m. – 9:45 a.m.**

## **Introductions, Announcements, and Plenary Grand Ballroom A-D**

**Plenary Speaker: Ashley Williamson, “Healing by way of Community  
Orcharding – Stories from the Field”**

Community Gardening has been around for centuries – equipping individuals and families with a means to grow their own food while providing therapeutic benefits of working with plants in a peaceful garden environment. The Giving Grove has extended the community gardening construct to include fruits, berries, and nuts. In the nine years since the organization’s launch, each little orchard tells its own little story.

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**10:00 a.m. – 11:00 a.m.**

## **Breakout Sessions**

*How Can Research Help Us Reimagine and Revitalize Horticultural Therapy?* | Candice Shoemaker | Rockhill

*Growing Hope in Loss and Grief: Horticultural Therapy for Life and Death Education in Older Adults with Intellectual Disability* | Nicolson Yat-Fan Siu | Roanoke

*Horticultural Therapy Across Continents* | Matthew Wichrowski | Union Hill

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**11:15 a.m. – 12:15 p.m.**

## **General Session - Grand Ballroom A-D Charles Lewis Award Presentation**

This award is in honor of Charles A. Lewis, a pioneer in the field of people-plant interaction and innovative horticultural programs throughout the community. This award is given to a research scientist or research scientists who have published outstanding horticultural therapy research in a horticultural or medical journal. It recognizes contributions to evidence-based research that demonstrates the effectiveness of horticultural therapy and serves to increase the awareness of research-based findings supporting the health benefits offered through horticulture.

# Saturday, September 10

**1:30 p.m. – 2:30 p.m.**

## **Breakout Sessions**

*Exploring Community-Based Rehabilitation and Horticultural Therapy* |  
Derrick Stowell | Rockhill

*Engaging the Active Duty Military* | Donna Hunt | Roanoke

*Horticultural Therapy Job Task Analysis* | Lana Dreyfuss | Union Hill

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**2:45 p.m. – 3:45 p.m.**

## **Breakout Sessions**

*Horticultural Therapy with Justice-Involved Veterans: A Mixed-Methods Study* | Sarah Anne Himmelheber and Kimberly Borges | Rockhill

*Current Research on Farm and Garden-Based Strategies for Addressing Trauma* | Michelle Hand | Roanoke

*Vocational Rehabilitation and Horticultural Therapy: A Conceptual Framework of Practice for Improved Vocational Outcomes* | Gary Altman, Rachael Incorvaia, and Amanda Feneis | Union Hill

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## **A Message from the Conference Work Team**

The AHTA 2022 Conference Work Team is so happy to have you here. With the fluidity of the COVID pandemic conditions, fluctuation in costs, and other challenges, organizing the 2022 conference was no easy feat. However, the fact that we succeeded in the face of adversity is testament to the power of many hands devoted to a common cause. We hope that this spirit of perseverance and teamwork carries throughout the conference and beyond. This is truly a cause for celebration!

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## **In Memoriam**

**Donna Covais – 1957 - 2021**

# Annual Membership Meeting

Friday, September 9 • 11:30 a.m. – 12:15 p.m.

- I. Call to Order ..... Lana Dreyfuss
- II. Welcome and Introductions ..... Derrick Stowell
- III. President's Report ..... Derrick Stowell
- IV. Treasurer's Report ..... Gary Altman
- V. Membership Report ..... Lana Dreyfuss
- VI. Bylaws Discussion and Vote ..... Derrick Stowell
- VII. Closing Comments ..... Derrick Stowell
- VIII. Move to Adjourn ..... Derrick Stowell

## Silent Auction Schedule

### Friday, Sept. 9

7:45-8:30 a.m.  
10:00-10:15 a.m.  
11:15-11:30 a.m.  
12:15-1:30 p.m.  
2:30-2:45 p.m.  
4:30-5:00 p.m.

### Saturday, Sept. 10

7:45-8:30 a.m.  
9:45-10:00 a.m.  
11:00-11:15 a.m.  
12:15-1:30 p.m.  
**Auction closed**

**A list of the winning bids and bidders will be posted near the auction room.**

**To Claim and Pay:** The winner will receive the winning bid form to take to SBI to pay for the item. After paying, bring the form back to the auction room to pick up your item.

**ONLY CHECK OR CREDIT CARDS ACCEPTED**

The auction room will open from 2:30 – 5:00 p.m. to pick up and pay for your items.



*Linking People And Plants*



# HORTICULTURAL THERAPY CERTIFICATE PROGRAM

The University of Tennessee Horticultural Therapy Certificate Program is a 21-week online accelerated program. The program provides nine credit hours of horticultural therapy coursework required for professional registration. The next cohort will begin January 2023. This certificate program is accredited by the American Horticultural Therapy Association.

For more information or an application contact  
[utgardensht@utk.edu](mailto:utgardensht@utk.edu) or call 865-974-7151.

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